



## Safe Routes to School Workshop

Tuesday, October 3<sup>rd</sup>, 2006

Quality Inn & Conference Center

3803 Brooks Street, Missoula

7:45am – 12:00pm

The Montana Department of Transportation is pleased to announce the kick off the Montana Safe Routes to School program with a free workshop on Safe Routes to Schools. The Safe Routes to School (SRTS) Programs all share one common goal – to improve the health of kids and the community by making walking and bicycling to school safer, easier, and more enjoyable. When routes are safe, walking or biking to and from school is an easy way to get the regular physical activity children need for good health. Safe Routes to School initiatives also help ease traffic jams and air pollution, unite neighborhoods and contribute to students' readiness to learn in school, and increase safety awareness.

This training is designed to help individuals interested in developing a SRTS program in their community, and provide the tools necessary to implement a successful program.

Facilitated by Mark Fenton, nationally-renowned walkability expert, these workshops will identify ways to help communities move toward creating safer routes for kids to walk and hike to school. Mark Fenton has a master's degree in engineering from MIT and is a certified instructor and course developer of the Safe Routes to School National Course. Former host of PBS's *America's Walking*, Mark has made numerous TV appearances, including *Today* and *Good Morning America*. He is the author of *The Complete Guide to walking for Health, Weight Loss, and Fitness* (Lyons Press, 2001).

This workshop will start with an observation of the morning arrival at Russell Elementary School (meet at Playfair Park, 3001 Bancroft at 7:45am and walk over). We will then reconvene at the Quality Inn & Conference Center to learn how to create safe environments for all students, whether walking and cycling or arriving by bus or car.

A room block has been set up at the Quality Inn & Conference Center under "Safe Routes to School" for the night of Monday, October 2<sup>nd</sup>. Please call 877.935.7233 by Tuesday, September 26<sup>th</sup> if you need to reserve a room.

Travel scholarships are available on a first come, first serve basis. For more information and to register for these workshops please contact Virginia Summey at (406) 449-8611 or e-mail [vsummey@mt.gov](mailto:vsummey@mt.gov). Registration is free, but space is limited. **Please register by September 15, 2006.**



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- ☐ YES! Sign me up for the Safe Routes to School Workshop!
- ☐ Sorry! I won't be able to make it to the workshop, but would like to learn more about creating Safe Routes to School!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

School/ School District (if applicable): \_\_\_\_\_

Occupation: \_\_\_\_\_

Organization: \_\_\_\_\_

**Please return registration form by September 15<sup>th</sup> to:**

Virginia Summey  
Montana Safe Routes to School Coordinator  
c/o Healthy Mothers Healthy Babies – MT  
1235 Birch Street, Suite 1  
Helena, MT 59601

[vsummey@mt.gov](mailto:vsummey@mt.gov) (e-mail)

406.449. 3703 (fax)

\*Remember to bring your comfortable walking shoes!!

\*Workshops are limited to 50 people, so register EARLY!!

\*Travel scholarships are available on a first come, first serve basis. Please call Virginia Summey at 406.449.8611 if you need assistance in attending the workshop.



### Quality Inn & Conference Center

3803 Brooks Street  
Missoula, MT 59804

406.251.2665



### Playfair Park

3001 Bancroft Street  
Missoula, MT 59801



### Russell Elementary School

3216 S Russell Street  
Missoula, MT 59801